

# C 1 and 2 - Sponsor Session on Dec. 13

Thank you for coming! Also, thank you for your commitment to the candidates and their formation. You have been selected for a tremendous honor and responsibility by your demonstration of Christ's love.

Who can be a sponsor?

Sponsors will help the candidates prepare for the Sacrament of Confirmation through discussion and their willingness to act as a role model. It is important for candidates and sponsors to discuss their faith often before the reception of the Sacrament of Confirmation. Given the nature of the sacrament of Confirmation as a Sacrament of Initiation, and its close relationship with Baptism, sponsors will need to stay in close contact with the candidates as they move through the remainder of the preparation. **At the completion of the process, the sponsor will be required to present the candidate to the Catholic Church community as fully prepared to enter into the community as an adult member. This can only be done through regular contact and dialogue after each session.**

Please note:

- Given the guidelines of Canon Law a sponsor cannot be a parent of the candidate
- The sponsor must be an active practicing Catholic 16 years or older, and received the Sacraments of Baptism, Eucharist, and Confirmation
- The sponsor must be an excellent model of adult Catholic living in the world
- If a sponsor is unable to attend a sponsor session (see calendar on other side), a parent should come in the sponsor's place.

What will the candidates be learning?

All candidates will be using the Fireside Catholic Youth Bible, [www.fcyb.com](http://www.fcyb.com). This excellent resource integrates scripture with teachings about issues that may be facing young adults today.

C 1 and 2 Lessons:

- Service
- Choices
- Winning and Losing
- Money
- Culture
- Love
- Faith
- Discouragement
- Acceptance
- Courage

The program seeks to develop informed young adults seeking to be active in their faith. In conjunction with parish youth ministry we use a threefold approach:

1. Catechesis – General instruction and knowledge
2. Fellowship – Creating Catholic community through events
3. Worship – Encountering Christ through the Eucharist and prayer

Why are you here?

To better understand the process of preparation for the candidate as to more actively take a role in their formation for the reception of the Sacrament of Confirmation. In other words, to know what the candidates are experiencing so you can be present to them throughout this process.

Ideas for sponsor candidate interaction:

- Go out to eat once a month and discuss the topics presented at Confirmation sessions
- Commit to do some of the service opportunities together.
- If the candidate is in their second year, talk about the Saint the candidate chose for the Confirmation name. Why was that saint chosen?
- Talk about what the sponsor experienced at their Confirmation Ceremony? How did the sponsor prepare to receive the Sacrament of Confirmation?
- What did the sponsor wish they had done differently when preparing?
- What does the sponsor know now about Confirmation, how did their understanding change as they experienced life?
- Discuss the day or overnight retreat (See Calendar). How was it beneficial? What new questions might the candidate have after taking part in the retreat?
- How can a person stay active in their faith after Confirmation?
- What does it mean to be a Catholic adult today?
- How does being Catholic affect your daily life?
- Sponsor, why is your faith important to you?

Please see the calendar for dates specific to your candidate.

Please contact me with any questions: Bryan Collins | 651-621-1562 | [bcollins@churchofstpatrick.com](mailto:bcollins@churchofstpatrick.com)

All information and calendars can be found at

<http://www.churchofstpatrick.com/FaithFormation/FaithFormation.htm>